

Lower Quadrant Assessment of the Injured Runner

Presented by Steve Allen, PT, MS, OCS, FAAOMPT & Sean Campbell, PT, DPT, CMPT

Lecture and Lab • Eight contact credit hours, 0.8 CEU

Saturday, April 13, 2019 • 8 a.m. to 5 p.m.

Confluence Health Physical Therapy Miller Street
1000B N Miller • Wenatchee, WA

The injured runner poses a unique challenge to the physical therapist and physical therapist assistant in the diagnosis and successful management to full recovery. This day-long course will focus on regional scanning to help isolate underlying “drivers” that foster eventual symptoms and tissue failure at the inert and contractile level. Evidence-enhanced strategies incorporating manual therapy and a customized, graded exercise prescription will be demonstrated and practiced.

Course Objectives

- Identify key structural faults in biomechanical screen contributing to a runner’s susceptibility to injury.
- Perform a dynamic assessment of the injured runner.
- Perform manual therapy examination and manipulation intervention of the lower quadrant.
- Prescribe a customized, patient-centered home exercise program.

Course Schedule

7:30 - 8 a.m.Registration and check in
8 a.m. - NoonCourse begins
Noon - 1 p.m.Lunch break (lunch on own)
1 - 5 p.m.Course continues

Registration Rates

EARLY BIRD RATE - Registrations received by March 28

\$140PT - APTA member
\$112PT - APTA member and
Confluence Health employee
\$105PTA - APTA member
\$84PTA - APTA member and
Confluence Health employee
\$95Student, Life or Retired APTA Member
\$200Nonmember



Speaker Biographies

Steve Allen is the founder of Evergreen Physical Therapy in Spokane and currently serves as clinic director at Therapeutic Associates, Inc. in Liberty Lake, Washington. He received an MS in physical therapy from the University of Southern California, graduated from the North American Institute of Orthopaedic Manipulative Therapy (NAIOMT) and currently serves on the NAIOMT board of directors. In addition, he serves as a member of the Physical Therapy Association of Washington’s Legislative Committee.



As a physical therapist at Therapeutic Associates Liberty Lake Physical Therapy, Sean Campbell specializes in running analysis, treating the injured runner, pre-op/post-op care, sports injuries, spine rehabilitation, and utilizing technology to facilitate/complement the rehabilitation process. He received his DPT from Eastern Washington University. He serves as the Communications Director for APTA’s Academy of Aquatic Physical Therapy.

REGULAR RATE - Registrations received March 29-April 13

\$215PT - APTA member
\$187PT - APTA member and
Confluence Health employee
\$180PTA - APTA member
\$159PTA - APTA member and
Confluence Health employee
\$170Student, Life or Retired APTA Member
\$275Nonmember

Register for the course online at: www.ptwa.org/conference

PTWA One-day Course Registration Form

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Three Ways to Register



Mail registration form to:
208 Rogers St NW
Olympia, WA 98502-4952



Register online at:
www.ptwa.org/conference



Fax registration form to:
(360) 352-7298

Name for Nametag _____

APTA Member # _____ Nonmember

Company _____

CHECK PT PTA Confluence Employee

ALL Life or Retired Member

THAT

APPLY: Student _____

Address _____

City/State/Zip _____

Work Phone (_____) _____

Home Phone (_____) _____

Email Address _____

Special needs: _____

All APTA members eligible for discounted member rates, regardless of chapter membership. Members must be a member in good standing as of the date of the conference to be eligible for member rate. New APTA members who do not yet have a member number must submit a copy of their membership application to receive the member rate.

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Early Bird Rates

Registrations received by March 28

PT-APTA Member	\$ 140
PT-Confluence Employee (must be APTA member)	112
PTA-APTA Member	105
PTA-Confluence Employee (must be APTA member)	84
Retired, Student or Life Member	95
Nonmember	200

Regular Rates

Registrations received March 29 and April 13

PT-APTA Member	\$ 215
PT-Confluence Employee (must be APTA member)	187
PTA-APTA Member	180
PTA-Confluence Employee (must be APTA member)	159
Retired, Student or Life Member	170
Nonmember	275

Payment

TOTAL: \$ _____

Check enclosed (payable to PTWA)

VISA / MASTERCARD ONLY Credit Card # _____ / _____ / _____ / _____ Exp. Date _____ / _____

Cardholder Signature: _____ Cardholder Name: _____

REGISTRATION FEES: Includes admittance to the course, course handouts and break refreshments. Lunch is not included. In order to qualify for the member registration rates, you must be a member in good standing as of the date of the course. Registrants who have a membership expiration date prior to course must provide proof of membership before the end of the course or they will be subject to paying the nonmember rate. New APTA members who do not yet have a member number please submit a copy of your membership application form to receive the member rate.

SPECIAL NEEDS: If you have any special needs, please let us know by March 29.

CANCELLATIONS AND SUBSTITUTIONS: To cancel, call the PTWA office at (360) 352-7290, ext. 113. Cancellations received by March 28 will be refunded the full fee less a \$25 administrative fee. Cancellations between March 29 and April 7 will receive a 50 percent refund. There will be no refunds after April 8. If there is no waiting list, substitutions will be accepted at the discretion of PTWA staff and a \$25 service fee will apply. We cannot accept substitutions if we have a waiting list. In the unlikely event that PTWA cancels this course, our liability will extend only to the amount you paid for your registration.

STUDENT MEMBER RATE: APTA-member students who are PTWA members, enrolled in a PT or PTA program in Washington state or doing affiliate work in Washington state receive this rate.

