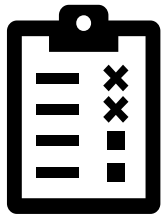


Physical Therapists and Intramuscular Needling: HB 1039/SB 5288
A tool to help patients relieve their pain without drugs and get on with their physical therapy.



- Physical therapists use intramuscular needling (also known as dry needling) to relieve muscle pain so that patients can get the most out of their physical therapy treatments.
- Intramuscular needling is an effective non-drug alternative to the use of opioids.



- 45 states and all branches of the military allow physical therapists to perform intramuscular needling.
- Washington's bill is based on the military's model of intramuscular needling training for physical therapists.
- Washington's legislation requires 2-3 times more training than any other state.



- Patients that receive intramuscular treatment by a physical therapist improve more quickly and need fewer physical therapy treatments.



- Evidence from other states, the United States military, and Canada shows that physical therapists perform intramuscular needling safely.