



May 10, 2023

APTA Emerging Leader Award Member Engagement Department  
3030 Potomac Ave., Suite 100  
Alexandria, VA 22305

Dear Sir or Madam:

APTA Washington is pleased to nominate Abby Gordon, PT, DPT, SCS, CSCS for a 2023 APTA Emerging Leader Award.

Abby initially joined APTA during her time in Physical Therapy school in Connecticut and became involved in the Washington PT Association (APTA WA) following her move to Washington in 2015. Abby is an example of engagement, professional excellence, grit and advocacy.

Abby's early years in APTA Washington were focused on her career development. Abby has had an impressive professional career, notably serving as the team physical therapist for the Seattle Storm WNBA team while working at clinics on the side. She is a published author and a prolific speaker and writer. She has volunteered not just internationally as a PT, but also mentored students and newly graduated healthcare providers locally in her community.

*On the national level, Abby has been active in the APTA American Academy of Sports Physical Therapy (AASPT), serving as a reviewer of submissions for Concussion Special Interest Group for annual conference and spotlighted as a member of AASPT's Youth Athlete Special Interest Group. In 2019 Abby was one of six therapists selected in 2019 as a Kevin Wilk AASPT Traveling Fellow and spent time learning at Ohio State University, University of Cincinnati, and Mayo Clinic. Abby is currently a participant in APTA's Academy of Leadership and Innovation.*

She became more active in APTA WA in 2021 when she was elected as an alternative delegate. Abby quickly became a leader and established herself as a force on the Washington Delegation. She was able to work with multiple components and delegates to make things happen. In 2023 she was elected as a full delegate. Chief Delegate Murray Maitland writes "Abby jumps into the fray when it comes to being a Delegate. She has worked with multiple components and Delegates to make things happen. Of particular note is WA's and the ALI/PTProud's motion to improve awareness of students, patients, and health professionals who identify as LBGTQIA+. Abby comes up with angles that people have not thought about."

Abby helped facilitate discussion at an event at University of Washington this year UW Center for Health Sciences Interprofessional Education Program which offers students an opportunity to interact with providers from different medical disciplines. Abby, along with other healthcare providers, facilitated a discussion around weight stigma in clinical care. Abby has helped improve accuracy of medical

information around weight and ensure health equity in our local community. She is an active blogger, sharing her knowledge and new learning with her colleagues and the public.

Abby is the embodiment of a well-rounded leader in the profession. She has shown excellence and is a role model in her employment as a PT, as an advocate at the House of Delegate, in the community as a volunteer, and as an influencer for the profession on social media.

It is truly an honor to nominate Abby for this award.

Yours truly,

Emilie Jones, PT, DPT

APTA WA Vice President